



# CROSS AND CROWN

News of the Mission & Ministry of R. E. Lee Memorial Church  
*The Lexington Parish of the Episcopal Diocese of Southwestern Virginia*

FEBRUARY 2012

## Parish Annual Meeting Feb. 12

The parish Annual Meeting will be Sunday, Feb. 12 at 9:15 in the Parish Hall. The 2012 budget will be presented, along with an update of our "Overflowing with Thankfulness" stewardship effort.

## Vestry Update

Vestry officers for 2012 are now in place—Don Ellis, Senior Warden; Mary Webster, Junior Warden; and Buddy Atkins and Gail Dick continuing as Treasurer and Clerk, respectively.

## Taizé Eucharist

February 12 at 5 p.m.

A contemplative service of scripture, prayer, and Holy Communion.

## ECW Mardi Gras Celebration

All Episcopal Church Women are invited to a brown bag luncheon at noon on Tuesday, Feb. 21 to celebrate Mardi Gras. A King Cake and drinks will be provided.

## Shrove Tuesday

**Pancake Supper & the "No Talent is TOO Small" Talent Show**

February 21, 6 to 7:30 p.m.

Come hungry, leave entertained!

If you have a talent you'd like to share, contact Sharon for stage time.

## Wednesday Schedule Change

Godly Play will not meet during Lent.

*Ash Wednesday, February 22*  
*Holy Eucharist and Imposition of Ashes*



7 a.m., 12:20 p.m. and 6 p.m.

Children's Ash Wednesday Service with the Rector at 3:30

*Lenten Morning Prayer*

Beginning Thursday, Feb. 23, a lay-led service of Morning Prayer will be offered at 8:30, Monday through Saturday, during Lent. Morning Prayer will also be offered at 12:05 p.m. on Wednesdays. Contact Sharon Massie, Program Director, if you are interested in leading one or more of these services. ([sharon@releechurch.org](mailto:sharon@releechurch.org)).

*Lenten Series begins Wednesday, Feb. 29*

5:30 Holy Eucharist

6:00 Potluck Dinner

6:30-7:30 Lenten Programs, all ages



Our celebration of Epiphany was enhanced by three kings—(l to r) Tim Price, Shane Lynch and Tim Harrison—and our children and youth.

## Epiphany Sunday



## Haitian Cooperative Mission

The Christian Outreach Committee (COC) is excited to announce a cooperative venture with the Bishop Tharp Institute (BTI) in Les Cayes, Haiti. The Institute, operating under the auspices of the Episcopal Diocese of Haiti, provides two-year degrees in business and information technology—skills that are critical to the recovery and development of the country.

Last summer when Father Kesner Ajax, director of the Institute, visited our parish, he met with members of the COC and toured the Buena Vista campus of Dabney Lancaster Community College with President Richard Teaff. As a result of this visit, the COC agreed to facilitate a cooperative venture between BTI, our parish, and DLCC.

The first week of March a group including our Rector; Earl Dodrill, coordinator of workforce services at DLCC; and Lynda Bassett-deMaria will visit BTI to become familiar with the faculty and students at BTI and to assess the opportunities for cooperation.

There are places for two or three additional parishioners in the group. Interested persons should contact Lynda. This summer two students and a faculty member from BTI will come to Lexington to take courses at DLCC. The COC has agreed to host them during their stay, so we will be looking for host families.

## Spotlight on Mission: Yellow Brick Road

We have concluded another very busy year for Yellow Brick Road Early Learning Center. Twenty-one children graduated from our program in June and headed off to Kindergarten in August. Another 22 have taken their place as our class of 2012.

During the past year we celebrated the birthdays of Dr. Martin Luther King, Jr. and Dr. Seuss. A very large Easter Bunny came by in the spring to visit while the children were hunting for Easter eggs. The children went on field trips to Boxerwood Gardens and Holland's Pumpkin Patch and the older children participated in a week of day camp at Boxerwood. In the fall, firefighters, a police officer, a dentist, a veterinarian and a banker visited during Community Helpers Week and the children went trick-or-treating at nearby businesses. In December Santa came for a visit and for photo opportunities with the children and the children went caroling at Heritage Hall and the Mayflower. In addition, the children kept busy with their daily lessons, activities and routines.

Two scouts, Henry Crossman and Schafer Wymond, completed their Eagle Scout projects at Yellow Brick Road this year. We also have been fortunate to have a number of student volunteers from Washington and Lee and VMI to work with our children and to work on various projects during the year.

Our Board of Directors has also been very busy this year. Through the coordinating efforts of Elizabeth Moore, a parishioner at R. E. Lee, several board members, VMI cadets and W&L students have given a large part of our interior space a much-needed facelift. The board has also been hard at work planning Taster's Choice, our biennial major fundraiser, which will be held on March 24 this year.

Currently there are 69 children ranging in age from 6 months to 5 years enrolled at Yellow Brick Road. Of these 69 children, approximately 38 percent receive scholarship assistance to attend Yellow Brick Road. Another 7 percent receive tuition assistance from the Department of Social Services. We continue to serve a racially, ethnically and economically diverse population of children. We are blessed to have 13 dedicated and caring staff members and 15 committed and hard-working board members, several of whom are also R. E. Lee parishioners. With the cooperative efforts of parents, staff and Board and much community support, including that of your congregation, we look forward to another exciting year of providing a vital community service.

## On Sunday Mornings

**Adult classes will not meet on  
Feb. 12—see you at the Parish Meeting!**

### Everybody—Rise and Sing

*9:15 in the Choir Room*

Children and adults join voices each Sunday morning to sing the songs of our faith. This is a lively, intergenerational way to learn new songs, to celebrate God's love, and to build up our Sunday School community.

### Christianity & Culture

*9:15 in the Parish Hall*

*The Archbishop and the King's  
"Great Matter," Tom Litzenburg.*

### Ed's Story, A Story of Hope

*Feb. 5 & 19*

*Conference Room*

### Lectionary Class

*9:30 in the Library*

We follow the Sunday lectionary selections, discussing the readings, how they relate to each other, to the seasons of the church year, and to our lives of faith. No preparation is required to participate. Facilitated by Joan Millon and Jamie Smith.

### Youth Confirmation Class

*9:30, Red Door Room, Undercroft*

### 4th Sunday Forum

*9:30, Undercroft*

### Men's Cooking Crew

*4th Sunday Breakfast*

*Feb. 26 at 8:45*

*\$3 adults, \$1 kids*



## Penny Power for the boys!

The Children and Youth Sunday School classes will be collecting pennies and spare change for Boys' Home, Inc. during Lent. Look for collection jars in the Narthex, the Bridge and the Parish House. Your pennies have power to change lives!

## Our Meditation Garden & Labyrinth: Twelve Reasons to Have a Labyrinth, Part 3

### 7. The Labyrinth is a spiritual aid

Each of us may have to pursue his or her own individual spiritual quest, but that doesn't mean we don't need help. Our success rate is vastly increased by the utilization of spiritual aids. It's ironic that we actually *find* our way in the labyrinth, when it is commonly used as a literary metaphor for a place in which we get lost, amidst confusion and complexity. Such literary devices are really referring to mazes, which have many paths and dead ends. In a maze, one loses oneself, whereas in a labyrinth, one finds oneself. Walking the labyrinth brings order to chaos. It is common for us to criticize and find fault with our spiritual efforts. We see ourselves as falling short of the mark. The labyrinth, with its single path, offers a way that is certain, but there are no short cuts. We must walk the entire length of the path. If we persevere, the outcome is assured. The labyrinth is a source of spiritual self-esteem, a positive feedback loop. We go to the center of the labyrinth. In all books of symbolism the center stands for God, creation, truth, wholeness, healing. That is where the labyrinth leads us, and with those gifts, we return back to our lives.



### 8. Going beyond the mind

Every religious tradition has some ritual or technique to take us past our thinking mind. It is as if we have a crust on the outside, made of our personality, our learning and conditioning, cultural socialization, and intellectual activity. But there is much more to us, within. The labyrinth leads us deep within, to our center, where we encounter our authentic selves, far beyond the limits of the shallow mind. In a society filled with noise pollution, words and images flood us from TV, radio, and the Internet. It is overwhelming. Walking the labyrinth is a non-verbal experience. It helps to cultivate our inner life. Lauren Artress writes, "To walk a sacred path is to discover our inner sacred space....Walking the labyrinth clears the mind and gives insight into the spiritual journey." We can't think our way. We must trust forces greater than ourselves. When we go to our center, it is really The Center, the same center in which we shall all meet as One. It is the Divine.

### 9. Outdoor labyrinths add another dimension

Labyrinths help us to think outside the box (sanctuary). In 1996, a group of pilgrims led by Lauren Artress and Robert Ferre walked labyrinths both in Chartres Cathedral and in a friend's garden. Some of the group found their experience on the garden labyrinth to be more powerful. One reason may well have been that the garden labyrinth was outdoors, on the ground, in a beautiful setting. There is an attraction to outdoor activities, such as campfires and Easter sunrise services. Walking the labyrinth outdoors, one experiences a range of circumstances and weather, from hot to cold, dry or rainy, day or night. It has great variety, just like life. There is a connection between nature and the labyrinth. In our modern society we have lost contact with the changing of the seasons, the constellations, the freshness of the air. Walking an outdoor labyrinth incorporates these aspects to enhance our experience. And outdoor labyrinths are usually available 24 hours a day, even when the church is locked. This is a significant benefit for the community.

*Adapted with permission of Labyrinth Enterprises*



**Work & Play**—Last month, the youth of our parish planned their Stop Hunger Now fundraising event and also enjoyed movie night at the church.



### *Women's Lenten Weekend Retreat*

at The Belfry

Friday, March 2 to Sunday, March 4

*Anne Grizzle, Retreat Leader*

The cost is \$90.

To reserve your spot,  
email [sharon@relechurch.org](mailto:sharon@relechurch.org)

They're B-a-a-a-ck...

### **Saints & Sinners**

Mary and Jonathan Webster will host a gathering of Saints and Sinners at their home, 5 Grouse Run Road, Birdfield, on Friday, Feb. 24 from 7 to 9 p.m. If your last name begins with A-M, bring an hor d'oeuvre and wine or beverage to share. If your last name begins with N-Z, bring a dessert and wine or other beverage to share.

Saints and Sinners is a opportunity for adult church members to gather socially. RSVP to

Mary Webster  
[mehwebster@comcast.net](mailto:mehwebster@comcast.net)

# SERVING IN FEBRUARY

## READERS AND CHALICISTS

### Feb. 5

8:00 Sarah Lanford, Suzanne Keen, Sharon Massie, Hank Humphreys, Marcy Molinaro  
10:30 Bob deMaria, Farris Hotchkiss, Mary Webster, Sharon Massie, David Jacobs

### Feb. 12

8:00 Gretchen Walden, Rob Apgar (Reader 2 & Chalistic), Holt Merchant, Gerry Locher  
10:30 Roger Crockett, Lorraine Simonis, Peter Fyfe, Elizabeth Harralson, Mary Doyle

### Feb. 19

8:00 John Milford, Sarah Lanford, Penny Henneman, Lu Dooley, Marcy Molinaro  
10:30 John Burleson, Doug Ayer, Roger Crockett, Melissa Cox, Shay Peters

### Feb. 26

8:00 Rob Apgar (Reader 1 & Chalistic), William McCorkle, Holt Merchant, Gerry Locher  
10:30 Dennis Cross, Judy Glick, Farris Hotchkiss, Gloria Smitka, Punky Dod

## ACOLYTES

### Feb. 5

8:00 Harrison Branner  
10:30 Mary, Michael & Maggie Lawrence

### Feb. 12

8:00 Forrest Walden  
10:30 Katherine Bowles, Condé Crittenden, Sydney Cross

### Feb. 19

8:00 Ben Connelly  
10:30 Mason Grist, Thomas McBrayer, Harrison Crittenden

### Feb. 26

8:00 Harrison Branner  
10:30 Emma Burleson, Mary Wilson & Elizabeth Grist

## PLATE COUNT TEAM HEADS

**Feb. 5** Buddy Atkins  
**Feb. 12** Don Whittington  
**Feb. 19** Jeff Grossman  
**Feb. 26** Bob Glick

## LEMONADE BRIGADE

**Feb. 5** Henry & Eileen Jurand  
**Feb. 12** The Lynch Family  
**Feb. 19** Barton & Gail Dick  
**Feb. 26** Bob & Judy Glick

## ALTAR GUILD

**Feb. 5** Elizabeth Harralson, Sharon Humphreys, Nancy Walker, Kitty Wainwright, Diana Kenney, Julie Grover, Marcy Molinaro, Sue Denson

**Feb. 12** Rose Gordon, Suzanne Carmichael, Joan Crawford, Chris Howison, Tracey Mason, Molly Brown, Myra Brush

**Feb. 19** Laura Stearns, MJ Mayerchak, Martha Ackerly, Pat Gibson, Paula Hunter, Alice Moore, Peggy Riethmiller, Mary Webster

**Feb. 26** Jane Brooke, Gretchen Walden, Judy Glick, Elise Sprunt, Catherine Harcus, Drusie Milford, Sarah Burleson, Linda Sizemore

## GREETERS AT 10:30

**Feb. 5** Molly Brown & Suzanne Carmichael  
**Feb. 12** Chris & David Howison  
**Feb. 19** Tracey Mason & Paula Cushman  
**Feb. 26** Jeff & Julia Grossman

### If you're unable to serve...

Please find a substitute and notify the Parish Office.

## For the RARA Food Pantry Jelly/Canned Tuna/Salmon

*Leave your bags under the table  
outside the Library.*

### Thursday Pantry Schedule

**Feb. 2**—John Harralson, Elizabeth Harralson, Toni Brown, Bill Luton (Sharon Peters)

**Feb. 9**—Clara Belle Weatherman, Sarah Burleson, Barton Dick (Linda Sizemore)

**Feb. 16**—Carol Muir, Jane Brooke, Joan Millon (Punky Dod)

**Feb. 23** — Claudia Ellis, John Dinkel, Nancy Dinkel (Carol Muir)

### Lend us a Hand!

**Our parish is responsible for staffing the Pantry each Thursday. If you'd like to volunteer for this ministry, contact Punky Dod (punkydod@gmail.com).**

## Youth Events

**Wednesday, Feb. 1, 6-7 p.m.**  
High School Night Out at Hong Kong

**Sunday, Feb. 11,**  
Bowling in Staunton  
(Middle & High School)

**Saturday, Feb. 25**  
High School Youth  
A day of painting (high school room) and charity. Susan Harrison will talk about Habitat Women's Build and Mayumi Smitka will discuss ways to support Boy's Home.

### For more information

Mayumi Smitka  
mayumi\_smitka@yahoo.com  
Megan Oliver  
megan.oliver.2740@gmail.com

## USHERS

**Feb. 5** Bill Noell, Bob Glidden, Wally Fogo, Don Ellis  
**Feb. 12** Peter Fyfe, Ed Craun, Grigg & Cindy Mullen  
**Feb. 19** Bob & Lynda deMaria, Barton & Gail Dick  
**Feb. 26** Jonathan Webster, Lynwood Dent, Peter Fyfe, Wade Branner

# February 2012

## LOCATIONS

L: Library  
 CR: Conference Room  
 PH: Parish Hall

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>1</b> 3:15 Godly Play 3:15 St. Francis Choir 6 HS Night Out 7 Book Group (L)	<b>2</b> 10 Kendal Study & Communion 7:30 Parish Choir	<b>3</b>	<b>4</b>
<b>5 Lent 1</b> 8, 10:30, Holy Eucharist 9:15 Sunday School 5 Holy Eucharist 6:15 College Bible Study	<b>6</b> 6 Property (CR)	<b>7</b> 5:30 Stewardship (CR) 6:30 EFM (L)	<b>8</b> 3:15 Godly Play 3:15 St. Francis Choir 7 Book Group (L)	<b>9</b> 10 Kendal Study & Communion 7:30 Parish Choir	<b>10</b>	<b>11</b> Youth Bowling
<b>12 Lent 2</b> 8, 10:30, Holy Eucharist 9:15 Annual Meeting 5 Taizé Eucharist 6:15 College Bible Study	<b>13</b> 7 Christian Outreach (CR)	<b>14</b> 4:30 Finance (CR) 6:30 EFM (L)	<b>15</b> 3:15 Godly Play 3:15 St. Francis Choir 7 Book Group (L)	<b>16</b> 10 Kendal Study & Communion 7:30 Parish Choir	<b>17</b>	<b>18</b>
<b>19 Lent 3</b> 8, 10:30, Holy Eucharist 9:15 Sunday School 5 Holy Eucharist 6:15 College Bible Study	<b>20</b> Office Closed 5 Vestry (PH)	<b>21</b> Noon, ECW Mardi Gras Brown-Bag Lunch (PH) 6 Shrove Tuesday (PH)	<b>22 Ash Wed.</b> Imposition of Ashes & Holy Eucharist 7, 12:30 & 6 3:30 Children's Ash Wednesday 7 Book Group (L)	<b>23</b> 8:30 Morning Prayer 10 Kendal Study & Communion 7:30 Parish Choir	<b>24</b> 8:30 Morning Prayer  7 Saints/Sinners (Websters)	<b>25</b> 8:30 Morning Prayer  High School Youth Painting Day
<b>26 Lent 4</b> 8, 10:30, Holy Eucharist 9:15 Sunday School 5 Holy Eucharist 6:15 College Bible Study	<b>27</b> 8:30 Morning Prayer	<b>28</b> 8:30 Morning Prayer  6:30 EFM (L)	<b>29</b> 8:30/12:05 Prayer No Godly Play 3:15 St. Francis Choir 5:30 Holy Eucharist 6 Supper 6:30 Lenten Series			

*Before scheduling an event, check with the Parish Office to determine facility availability.*

*Bishop of the Diocese*  
 The Rt. Rev. F. Neff Powell  
*Rector*  
 The Rev. Tom Crittenden  
*Chaplain*  
 James Keane  
*Director of Music:* Daniel Brinson  
*Program Director:* Sharon Massie  
*Parish Administrator:* Kay Horner  
*Treasurer:* Buddy Atkins  
*Financial Secretary:* Anita Ramp  
*Office Assistant:* Sally Jeffrey  
*Sexton:* Connie Bryant  
*Clergy Associates:* The Rev. Dr. R. David Cox  
 The Rev. John A. Furgerson  
 The Rev. Dr. Thomas V. Litzenburg, Jr.  
 The Rev. Dr. Jackson P. Hershbell,  
 The Rev. Dr. Bob Crewdson

**Vestry 2012**  
 Erika Brooke  
 Alexandra Brown  
 Suzanne Carmichael  
 Melissa Cox  
 Dennis Cross  
 Doug Cumming  
 Punky Dod  
 Don Ellis  
 Bob Glidden  
 David Hansen  
 Mo Littlefield  
 Howard Pickett  
 Steve Riethmiller  
 Gloria Smitka  
 Mary Webster  
 Gail Dick, Clerk to the Vestry

- 2 Laura Lee
- 3 Sally Sessoms  
Mayumi Smitka
- 5 Nat Massie
- 11 Jenny Shultis
- 12 George Brooke  
Bob Glick
- 13 Betty Bentley  
Betsy Houston
- 14 Paula Cooper
- 15 Jack Appgar  
Marshall Walden
- 19 Sarah Shultis
- 20 Harrison Crittenden  
Sammy Eastwood
- 21 Julia Hentz  
Steve Riethmiller  
Douglas Roper



- 22 Gerald Bury  
Nancy Dinkel  
Shannon Huger
- 23 Linda Paige  
Beverly Tucker
- 24 Holt Merchant
- 26 Susan Cain
- 27 Dane Boston  
Joseph Henson  
Russell Knudson
- 28 Jennifer Alphin



### Let everyone know I said “Thank You”

*Editor’s Note—Each week, our parish receives calls from people in our community who need assistance with heat and electricity bills and with rent. The following letter is from someone helped through our Mission Emergency Fund.*

Thank you so very much for your help. Please let everyone know I said thank you. I’ve sold all my jewelry and looked for a job. I have no car. I’ve made phone calls every day and prayed every day all day and have worried and cried. I asked help from TAP and RARA. It has been so hard and stressful. Thank you so much from me and my daughter.

*Cross and Crown is the monthly newsletter of R. E. Lee Memorial Episcopal Church in Lexington, VA. The deadline for C&C is the 20th of the month preceding publication. Articles and items of interest may be e-mailed to [kay@releechurch.org](mailto:kay@releechurch.org) or mailed to the Parish Office. Please include contact information.*

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